

Tennessee Nursing Home Improvement Collaborative for Reducing Physical Restraints Monthly Senior Leader Report

Date: _____ Facility or Team Name: _____
Senior Leader: _____ Person Submitting Report: _____

I. Aim Statement

II. Description of Pilot Population

III. Clinical Measures

Required Measures	Description	Goal
Proportion of residents physically restrained any time within two calendar days of admission. (NHIFT 1) <i>Restraint defined as any device used to prevent a resident from independent movement/activity</i>	Numerator: Number of residents physically restrained any time within two calendar days of admission Denominator: Total number of admitted residents in the last month	0%
Percentage of residents with falls resulting in serious injury (<i>any fracture, laceration with suture or closed head injury</i>)	Numerator: Number of residents who had a fall resulting in a serious injury in the last month Denominator: Total number of residents who have fallen in the last month	Reduce to <10%
Percentage of residents who were physically restrained on the LAST FRIDAY of month	Numerator: Number of residents physically restrained on the LAST FRIDAY of month Denominator: Number of residents on the LAST FRIDAY of month	Initial: 2% Long-term: 0%
Proportion of residents physically restrained that received a re-evaluation to reduce or eliminate the restraint	Numerator: Number of residents physically restrained in the last month who received a re-evaluation to reduce or eliminate the restraint Denominator: Total number of physically restrained residents in the last month	100%
Optional Measures	Description	Goal
Percentage of families provided education about restraint reduction and facility policy upon admission or consideration of restraint (<i>Educational materials determined at local facility.</i>)	Numerator: Number of families provided education upon admission or consideration of restraint in the last month Denominator: Number of families who have had a resident admitted or consideration of restraint in the last month	100%
Percentage of residents with non-restraint interventions tried prior to initiating a physical restraint	Numerator: Number of residents with at least one non-restraint intervention tried prior to initiating a physical restraint Denominator: Total number of residents restrained in the last month	100%
Of those residents who have fallen in the last month, percentage who have fallen two or more times within a six-month timeframe	Numerator: Number of residents who have fallen a) during the last month and b) two or more times within a six-month timeframe Denominator: Total number of residents in the last month	Reduce by 20%
Percentage of residents who fall that had an immediate intervention within 24 hours and their current care plan reviewed and modified within 72 hours of the fall	Numerator: Number of residents who fell that had an immediate intervention within 24 hours and their current care plan reviewed and modified within 72 hours of a fall Denominator: Total number of residents who have fallen in the last month	100%
Percentage of direct care staff who have an appropriate level of training in restraint reduction, monitoring and use of least restrictive alternatives (<i>Appropriate is defined as training every 6 months in all restraints and positional enablers used in the facility.</i>)	Numerator: Number of direct care staff currently trained over the past 6 months in restraint reduction, monitoring and least restrictive alternatives Denominator: Total number of direct care staff	100%
Percentage of residents who were administered new, increased frequency or higher dose psychotropic medication(s) who have also had physical restraint use reduced	Numerator: Number of residents who in the last month a) have had physical restraints reduced and b) were administered new, increased frequency, or higher dose psychotropic medication(s) Denominator: Total number of residents who have had physical restraints reduced in the last month	Maintain current rate

IV. Brief Description of Key Changes (PDSA Cycles)

Plan: Who What When Where Why? Do: What actually happened during the test? Study: What did the test data show? What did we learn? Act: Are we ready to implement this change? What will we need to do before the next test cycle?	Model Community Organizational Commitment Assessment Treatment Monitoring Care Planning	<u>Status</u> Plan Test Implement Spread
1.		
2.		
3.		
4.		
5.		
6.		
7.		
8.		

V. Summary of Results for the Month

A. Challenges/Barriers:

B. Plans to Overcome Barriers:

C. Successes:

D. Lessons Learned:

E. Next Steps:

VI. Team Self Assessment Score

1 = Forming the team

2 = Activity, but no change

3 = Modest improvement

4 = Significant progress

5 = Outstanding sustainable improvement

Total score awarded: (1-5) _____

*** Percentage of residents who were physically restrained (*defined by CMS*) daily during the seven-day assessment period (CMS QM). QSource will give this measure to you quarterly.