

# Nurse Worksheet for Phone Call Interventions

**Nurse-physician communication steps:** 1. Identify physician by name. 2. Give your name. 3. State the general nature of the call. 4. Identify the resident by name and diagnosis. 5. State the pain management goal; pain rating and activities. 6. Summarize the current pain ratings and effect of pain on activities. 7. List the current analgesic doses and relevant side effects. 8. Suggest a solution (on the basis of a clinical practice guideline, if possible).

Pain Assessment for: (name) \_\_\_\_\_ DOB \_\_\_/\_\_\_/\_\_\_ MR# \_\_\_\_\_

Diagnosis: \_\_\_\_\_

Location(s) 1. \_\_\_\_\_ 2. \_\_\_\_\_

Description/characteristics (Quality) 1. \_\_\_\_\_ 2. \_\_\_\_\_

Intensity (0-10,0-5, etc) 1. \_\_\_\_\_ 2. \_\_\_\_\_

Frequency/Pattern 1. Continuous Intermittent 2. Continuous Intermittent

Onset 1. \_\_\_\_\_ 2. \_\_\_\_\_

Duration 1. \_\_\_\_\_ 2. \_\_\_\_\_

Exacerbating factors 1. \_\_\_\_\_ 2. \_\_\_\_\_

Impact on ADLs 1. \_\_\_\_\_ 2. \_\_\_\_\_

Vital signs: T \_\_\_\_\_ P \_\_\_\_\_ R \_\_\_\_\_ BP: L \_\_\_\_\_ R \_\_\_\_\_

Orthostatic monitoring: **recumbent** for at least 5 minutes BP: L \_\_\_\_\_ R \_\_\_\_\_

**standing** 1 minute L \_\_\_\_\_ R \_\_\_\_\_ 5 minutes L \_\_\_\_\_ R \_\_\_\_\_

Resident's perception of what is causing the pain: \_\_\_\_\_

Resident's goal for pain control: \_\_\_\_\_ (numerical) \_\_\_\_\_ (functional)

Drug, dosage, and # of doses received of **all** analgesic medications in the past 24 hours: \_\_\_\_\_

Drug side effects: (check all that apply)  Constipation  Lethargy  Confusion  Increase agitated behavior  New cognitive decline  Falls  Dizziness  Orthostatic hypotension  Anorexia  Weight loss  Nausea  Vomiting  GI bleed  Urinary retention  Painful urination  Insomnia  Sleep disturbances  Headache  Unexplained or diffuse, painful, pruritic rash

Analgesics that have been tried in the past: \_\_\_\_\_

Non-pharmalogical interventions tried:  Warm packs  Cold packs  Breathing and relaxation  Music tapes  Reading  Massage  Guided Imagery  Moving to a less stimulating environment  Distraction  Repositioning  Other: \_\_\_\_\_

Team suggestions for changes in management: New meds/dosages/intervals \_\_\_\_\_

Discontinue: \_\_\_\_\_

Orders: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_