



The Benefits of a Restraint-Free Environment

- Residents are less agitated and less fatigued.
- Residents are more social, as they are able to attend activities and social gatherings, which increases communication and appropriate physical and sensory stimulation.
- Unrestrained residents exhibit greater independence with Activities of Daily Living.
- The resident's autonomy and dignity improves.
- Caregivers experience a sense of pride for providing a higher quality of life to their residents.
- Serious injuries significantly decline.



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