



# Resources online

## Diabetes and Your Kidneys

An important brochure for anyone with diabetes. Talks about basic tests, answers to common questions, and tips for staying healthy.

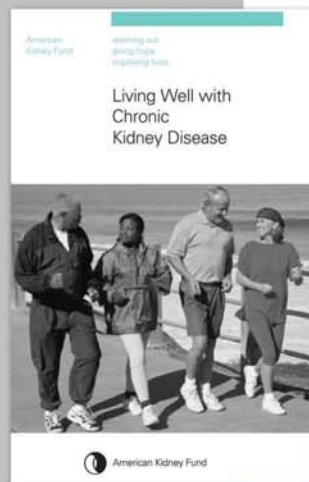
Cost: \$.50 each  
Also available as a downloadable PDF.



## Living Well with Chronic Kidney Disease

A great place to start if a patient has just been diagnosed with CKD. Includes information about important diet changes and possible side effects.

Cost: \$.50 each

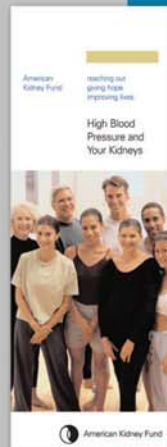


## High Blood Pressure and Your Kidneys

For anyone with high blood pressure, this is a must read!

Explains how high blood pressure affects the kidneys and how the kidneys affect high blood pressure.

Cost: \$.50 each



All resources available online at [www.kidneyfund.org](http://www.kidneyfund.org)

## Tools & Resources

### Organization:

The American Kidney Fund is the nation's No. 1 source of treatment-related financial assistance to kidney patients and a leader in providing health education to people with or at risk for kidney disease.

### What They Do:

The American Kidney Fund reaches tens of thousands of individuals each year with information about kidney health; operates a kidney disease screening program in high-risk communities; and maintains a toll-free HelpLine that provides education about kidney disease.

### How They Help:

In 2008, the American Kidney Fund provided treatment-related grants to 75,000 kidney patients totaling more than \$119.5 million. But their work goes beyond financial assistance. It is the organization's mission to provide health education to people with, and at risk for, kidney disease.

### Web site:

[www.kidneyfund.org](http://www.kidneyfund.org)



Find more resources online at [www.qsource.org](http://www.qsource.org)