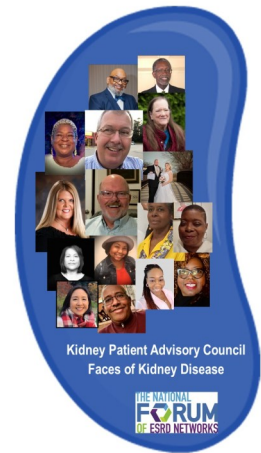


March is National Kidney Month!



Did you know that staying for your entire dialysis treatment can improve your overall quality of life?

Don't Miss a Minute!

- There are many good reasons to stay through a full dialysis treatment:
 - More energy,
 - Fewer hospitalizations,
 - Better appetite and sleep,
 - Less itching and swelling, and
 - Healthier skin, stronger bones, and cleaner blood.
- Staying for your full treatment also helps your eligibility for a kidney transplant!
- If you are having issues with scheduling or transportation, talk with your care team.
- Your treatment time is valuable. Show up and stay for your full prescribed dialysis treatment time. Don't miss a minute of treatment!

"I used to skip and cut my treatments short all the time, until I felt how bad it made me feel. I chose home dialysis, and now I feel differently about that. My dialysis treatment is my time to get my body in check so I can be here for family and friends. Every minute of treatment is mine; claim what belongs to you and don't miss a minute."

- Dawn E.



"For 23 years **dialysis** is my new normal. **Choose** the treatment you'll stick to and do. Being mostly **compliant** keeps me healthy and out of the hospital.

- Stephanie D.



Visit us at www.forumkpac.org

Source:

12 Good Reasons to Stay through a Full Treatment. Comagine Health ESRD Network 16.