



Surpassing Fall Reduction Goals: Data-Driven Prevention and Survey Preparedness in a High-Acuity Facility

A facility Qsource worked with began its Culture of Safety Center (CSC) Fall Prevention Project with an initial fall rate of **38%** and set a goal to reduce that rate to **34.2% by August 2023**. Through targeted interventions, proactive risk management, and frontline staff engagement, the facility dramatically exceeded expectations—**achieving a fall rate of 21.6% and a 0% major injury fall rate, down from 2.2%.**

State Survey Readiness

While implementing its fall prevention strategy, the facility also prepared for a State survey. During this process, Qsource provided critical support in:

- Drafting a comprehensive Plan of Correction (POC)
- Identifying and documenting corrective interventions
- Ensuring compliance with reporting and notification protocols for resident incidents such as falls and injuries

Key Interventions Implemented

Fall Risk Tracking Tool

A new tracking system was introduced to identify patterns in falls related to incontinence, medications, and other contributing factors—enabling customized, root-cause-driven interventions.

Staff and Agency Re-Education

All clinical and agency staff received re-education on:

- Safe transfer techniques using gait belts
- Night rounding protocols for high-risk residents
- Proper and complete fall incident reporting

Staffing Enhancements

The facility increased staffing capacity by hiring additional Certified Nursing Assistants (CNAs) and strategically coordinating with agency partners. Adequate staffing was recognized as essential to supporting safe mobility and fall prevention.

Results

- Fall rate reduced from **38% to 21.6%**
- Major injury falls reduced from **2.2% to 0%**
- Comprehensive POC developed with Qsource's assistance
- Improved staff preparedness and documentation accuracy

Key Insight

Facilities that combine data-driven fall prevention tools with timely education and compliance support can achieve dramatic improvements in safety—even amid regulatory demands and high-acuity challenges.

Schedule a FREE Consultation

